

Fashions



HER PAGE



Household



Problems

Sister Mary's KITCHEN

In the kitchen of her own home Sister Mary cooks daily for a family of four adults. She brought to her kitchen an understanding of the chemistry of cooking, gained from study of domestic science in a state university. Consequently the advice she offers is a happy combination of theory and practice. Every recipe she gives is her own, first tried out and served at her family table.

Although Sunday night lunch is always a more or less informal meal, there are times when the extreme informality of "going to the cupboard," is out of the question.

In the winter it's lovely to serve a salad and sandwiches with tea and cakes of some sort in the living room before the fire. Even plain bread and butter will taste better just because of the novelty of the thing of eating in a room that is not ordinarily used for that purpose.

The demand for something different is more easily fulfilled in a Sunday evening supper than at any other time during the entire week. It is an excellent time to use a chafing dish or try a new salad that's too elaborate for a heavy dinner. Not that I think this meal should require much effort on the cook's part, for she has usually had the preparation of the Sunday dinner to see to. But there is an interest in trying new recipes for salads and dishes that do not involve any great amount of work.

Menu for Tomorrow

Breakfast—Grapes, hot waffles, syrup, coffee.
Luncheon—Rice and nut roll, brown bread and butter, apple sauce, tea.
Dinner—Baked halibut, scalloped potatoes, stewed tomatoes, shredded cabbage, bread and butter, camembert cheese and crackers, jellied apples, devil's food cake, coffee.

My Own Recipes

When I serve camembert cheese I put it in the oven to warm. It gets soft clear through but does not toast. We like it better this way, especially the domestic cheese which is the only kind I've been able to find for some time now.

Hot Waffles

1 1/2 cups flour.
1/4 cup corn meal.
2 teaspoons baking powder.
1/2 teaspoon salt.
1 1/2 cups milk.
1 egg.
1 tablespoon melted butter.
Mix flour, cornmeal, baking powder and salt. Add milk. Add egg, unbeaten. Beat well. Beat in the melted butter. The success of these waffles lies in the beating.

Rice and Nut Roll

1/2 cup rice.
1 cup milk.
1 teaspoon salt.
1/2 teaspoon pepper.
1/2 cup nuts.
Bread crumbs.
1 tablespoon melted butter.
Cook rice until tender and as dry as possible. Let cool and add nuts, milk, salt.

salt and pepper. Shape in a roll, roll in bread crumbs, pour over melted butter and bake in a moderate oven for twenty minutes.

Devil's Food

2 squares chocolate.
1 cup milk.
1/4 cup butter creamed.
1 cup sugar.
1 1/2 cups flour.
2 eggs.
1 teaspoon soda.
1 teaspoon vanilla.

Melt chocolate in 1/2 cup of milk and cook to a paste. Cream butter and sugar. Combine the two mixtures. Beat the yolks of eggs with 1/2 cup of milk and add alternately with flour. Dissolve soda in a little cold water and add to batter. Add salt and vanilla. Bake in two square pans and put together with boiled icing. Or bake in a dripping pan and cover with icing and bitter chocolate.

Boiled Icing

2 cups sugar.
1/2 cup water.
1-8 teaspoon cream of tartar.
2 egg whites.
Put sugar, cream of tartar and water in a saucepan and bring to a boil. Beat whites very stiff and smooth. The syrup. Continue cooking syrup and beating eggs, adding the syrup gradually as it becomes cooked. By adding the syrup as it cooks, the icing will not form a hard crust over the top but will keep soft and smooth. The last of the group must be thicker than the soft ball stage or the icing will not be required to transport the goods and supplies over the mountain trails and passes. The men would camp out several nights and almost any kind of an accident could delay their progress. Thus they could search for the missing girl.

CHRISTMAS DINNER IN A GREAT HOTEL

How a Famous Chef Prepares Roast Turkey and Saddle of Mutton to Tempt the Palate of His Patrons

Louis Paquet, Chef de Cuisine of the McAlpin Hotel, Who Supervises the Preparation of More Than 4,000,000 Meals Every Year, Writes the First of Three Articles On Christmas Recipes

BY LOUIS PAQUET

Christmas dinner means roast turkey. The success of the roast turkey depends first upon the selection of a young, very fresh one, its proper preparation and finally upon its being "done to a turn."

Select a young bird weighing from 8 to 12 pounds. The turkey should be seasoned internally with salt and cayenne pepper. When a turkey is stuffed, the stuffing is pushed through the hole where the vent was, and thrust clear up to the breast, filling it out like a crop. Then put it in a baking-dish with the washed liver and gizzard, and sufficient water to make the gravy, and bake it in a brisk oven, basting frequently. When it begins to brown, dredge it over with flour, turning it often so that each part can be equally browned. Cover the breast with a sheet of buttered paper. When cooked, cut the liver and gizzard up, place them in a small saucepan with a lump of butter and one teaspoonful of cream, and stir it over the fire until hot. Place the turkey on a hot dish, first removing the paper from the breast. Skim the fat off the gravy into the baking pan, and strain it into the saucepan with the gizzard and liver. Pour the gravy over the turkey, and serve it while very hot.

Bread Stuffing

Soak in water or milk one quarter of a pound of bread crumbs, squeeze out all the liquid, and put the bread into a saucepan, bit it up with a spoon, and add to it a little boiled milk, or broth, so as to form a paste, the same as for a panada, remove it from the fire and set it aside to cool, season by mixing in five or six tablespoonfuls of chopped onions, either raw or cooked in butter, some chopped parsley, and three or four raw egg-yolks. Bread stuffing may also be prepared without cooking, only mixing white bread crumbs, with butter or chopped suet, raw egg-yolks, parsley and chopped onions.

Roast Saddle of Mutton

If turkey has soared above the pos-

—why, can't you see how her abduction would advertise the fact that they were raiding citizens of the United States? Every village paper would run her photo."

"My God!" exclaimed Jimmy—at which I laughed. I wondered whether Jimmy was appalled at the danger which I escaped, or at the idea of my "art" adorning the newspapers of the world.

"I'm surprised that you think it a laughing matter," remarked Bob quietly.

I bit my tongue to keep back a hot rejoinder. It was, of course, unfortunate that so much beauty had been sacrificed to save my little bunch of boys!

(To Be Continued)

Like Lady Astor



Duchess of Marlborough

LONDON.—Lady Astor has started a precedent. Now the Duchess of Marlborough, who was Miss Consuelo Vanderbilt, is spoken of as the second woman candidate for parliament. She was the first American-born woman to be elected to the London county council.

HE HAD TO CONFESS

(Edinburgh Scotsman.) Hostess (to little Johnny, who is just leaving the party)—Went you have an orange, Johnny?
Johnny—No, thank you. I couldn't eat any more.
Hostess—Well, put one in your pocket.
Johnny (much embarrassed and with considerable hesitation)—I—I can't. They're full already.

ON THE ALERT

"What is Mr. Grabco's attitude toward the committee of ladies who are raising funds to put union suits on South Sea Islanders?"
"One of watchful waiting."
"Yes?"
"When the committee comes in one door, Mr. Grabco goes out of another."

THE BETTER WAY

(Louisville Courier-Journal.) "Yes, I advertised for shop girls, but didn't get an applicant."
"And no wonder. Advertise for salesladies."
The Transvaal prohibits the sale of liquors to colored people

HAPPY? WELL, WE SHOULD SAY THIS LITTLE FAIRY IS!



Put—Some little girls, as pretty and sweet as she, will not be happy on Christmas morning unless you and other kind-hearted folks get busy and—
Fill Empty Stockings!
Be a good fellow. Send in your name and tell how many children or grown-

ups you'll be Santa Claus to this Christmas.
Let's try our best to bring joy and sunshine into homes not as well off as ours? It'll make our Christmas all the merrier if we know there aren't any little girls and boys "missed" by Santa Claus.

Comes to Capital



MRS. JOSHUA W. ALEXANDER

where she will take up her residence.

OUR SWINE POPULATION

(From the Producer.) The total number of stock hogs in the United States September 1, 1919, was estimated by the department of agriculture to be 62,073,000, as against 65,066,000 September 1, 1918. This represents a decrease of 4.7 per cent.

HIS WHIM

(Boston Transcript.) Waiter—Which side of the table do you wish to sit on, sir?
Diner—I prefer to sit on a chair.

FEW WILL TEST NEW DISH

SURREY, England.—Local gamekeepers recommend rural rats as good eating. The animals are said to live on clean grain and water and are delicious when baked in a pie.

WASHINGTON LONDON'S BROADWAY

LONDON.—Park Lane, London's Broadway, was today astonished by a line of clothes drying in the garden of a famous mansion. It's a protest against high laundry prices.

In the first year of postplane service 7,729,840 letters were carried between New York and Washington.

Confessions of a Bride

Were the Bandits After Me Instead of Katherine Miller

Morrison's language was often of an unquotable kind. He cursed the bandits with some of the choicest selections from his vocabulary because they had not made a claim on anybody for the ransom of Miss Miller and accompanied it with accurate directions for locating her. Morrison had collected his men and he assured Jim, Jr., that some of them were the hardest nuts in Texas. Jim looked the bunch over and admitted that Morrison had done well.

The detective complained that his men were all dressed up but had no place to go, which would satisfy the Mexican authorities as a logical goal.

At this point, Bob and his mining papers came in handy. Morrison's gang was to pass the frontier as a body of mining employees who had been engaged by Bob Lorimer to take a radio outfit and some valuable chemical apparatus to the assaying laboratory of the famous Lorimer property.

The party could take a train for a portion of the distance. Burros would

be required to transport the goods and supplies over the mountain trails and passes. The men would camp out several nights and almost any kind of an accident could delay their progress. Thus they could search for the missing girl.

I begged to be taken along. I could go as well as not, I said, because I had wired Mrs. Chapin to come and take care of Babs.

But not a single man in the crowd would listen to my plea! Bob was actually impatient because I made the suggestion. Jim tried to silence my hurra—as if I were a little girl—by promising me a few lessons in flying!

Hearing the suggestion, Bob shrugged his shoulders and I nearly cried because I wanted my husband to forbid me to run the risk!

Of course I couldn't weep for Morrison's eye was on me as he spoke: "You're about the last person I'd take along, Mrs. Lorimer."

"Why?" I asked abruptly.

"Well, you see, I'll bet any money the rebels were after you when they got Miss Miller!" He said this very deliberately, and he looked from one to the other of us in great enjoyment of the sensation his words created.

"What?" chorused Bob and Jim while my heart leaped into my throat and stopped my speech.

"I'll bet you," nodded Morrison. And then he proceeded to elaborate his pet theory about the abduction. He believed that Germany was keeping the Mexican rebels stirred up and that the abductions of Americans which had lately been pulled off were solely for the purpose of making trouble between the United States and Mexico. Any little trouble would prove to Germany's advantage, if it could be developed into an affair of military importance.

"If the Mexican outlaws had seized the only daughter-in-law of the famous multi-millionaire maker of munitions—a young and very beautiful lady

Gifts that Won the War

BECAUSE we were a nation of athletes we won the war for humanity.

Those hardy, active, quick thinking, courageous, indomitable Americans could not be turned back even by superior forces or more experienced soldiers. Do you know why? Because they had the spirit of contest, the determination of victory and the physical stamina of endurance all acquired by outdoor athletic training. And they're going to continue to preserve that physical superiority and encourage it in their boys and girls. That is why sporting goods make such gratifying gifts. All Americans love to play. Here you'll find the best variety of sporting goods for golfers, tennis, football, baseball, basketball, and gymnasium work.

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